



New Trier Township Food Pantry Wish List

The items that you donate will stock the shelves and freezer that help people in need in New Trier Township. The people who come to the pantry often have children, so donating healthy food items for children and teens will help our pantry greatly. Many others are single-person households. It is better to donate an item in a size that can feed a smaller family or individuals rather than super-sized items.

The list below includes some of the most needed items, as well as other recommended items. Choose products that are in boxes, cans, or plastic bottles and that do not have to be refrigerated. We prefer not to have product in glass. Frozen food must be properly frozen at all times. No freezer burned product is acceptable. All items should be in their original, unopened packaging, recently purchased and in good condition.

Current priority items:

- ✓ Frozen foods (vegetables, meat, poultry, nutritious packaged prepared meals)
- ✓ Canned fruit (fruit cocktail, peaches, pears, pineapples, mandarin oranges, apple sauce)
- ✓ 100% fruit and vegetable juice (shelf stable, cans or plastic bottles only)
- ✓ Aluminum foil and plastic wrap
- ✓ Soap (laundry, dish)

Other recommended items:

- ✓ Canned vegetables (green beans, corn, peas, baked beans)
- ✓ Canned meat, fish & poultry (tuna, spam, ham, chicken)
- ✓ Canned dinners (chili, pasta, beef stew, pork & beans)
- ✓ Pasta & sauce
- ✓ Rice
- ✓ Nutritious breakfast cereal or hot cereal
- ✓ Pancake syrup/pancake mix
- ✓ Crackers, granola bars, breakfast squares
- ✓ Coffee/tea/powdered milk
- ✓ Condiments (salt, pepper, jelly, sugar)
- ✓ Paper goods (paper towels, bathroom tissue, facial tissue, napkins)
- ✓ Personal care products (soap/shampoo/toothpaste/feminine hygiene products/diapers/shaving cream/deodorant)

